

Northern Nevada Resources

National Resources

National Center for Healthy Housing

<http://www.nchh.org>

Centers for Disease Control and Prevention

<http://www.cdc.gov>

Interactive website provides tips for healthy living.

U.S. Department of Housing and Urban Development (HUD)

Reno Field Office

745 W. Moana Ln., Suite 360

Reno, NV 89509

(775) 824-3700

<http://www.HUD.gov>

Provides affordable housing, supports energy conservation and supports community development.

U.S. Environmental Protection Agency (EPA)

<http://www.epa.gov>

Provides information about controlling pests at home and outdoors.

Local Resources

Public Housing

Nevada Rural Housing Authority

3695 Desatoya Dr.

Carson City, NV 89701

(775) 887-1795

<http://www.nvrural.org>

Working with a consortium of public and private partners, including state and federal housing agencies and local community service groups, NRHA administers affordable housing programs across the state enhancing the quality of life throughout rural Nevada.

Reno Housing Authority

1525 E. Ninth St.

Reno, NV 89512

(775) 329-3630

<http://www.renoha.org>

RHA has two different rental assistance programs. These programs provide subsidies to local landlords on behalf of low-income families and individuals living in privately-owned housing.

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<http://www.hud.gov>

Provides decent and safe rental housing for eligible low-income families, the elderly, and persons with disabilities.

Rural Nevada Development Corp.

(775) 289-8519

Toll Free: (866) 404-5204

<http://www.rndcnv.org/weatherization.htm>

Mission statement is to provide economic development assistance and financing opportunities to small businesses and health, safe, affordable housing to people in Nevada.

Keep your Air Healthy

Weatherization and Energy Assistance Programs (EAP)

Reno/Carson City

(775) 684-0730

Statewide Toll Free: 1-800-992-0900

<http://www.dwss.nv.gov>

Federally-funded program that helps low-income households pay their home heating and cooling bills.

Keep your Home Pest-Free

Carson City Health and Human Services, Vector Program

900 E. Long St.

Carson City, NV 89706

(775) 887-2190

<http://www.gethealthycarsoncity.org>

Washoe County District Health Vector Borne Disease Program

1001 E. Ninth St.

Reno, NV 89512

(775) 785-4599

<http://www.co.washoe.nv.us/health/>

The mission is to protect the public's health and well-being through the prevention of human disease, discomfort, annoyance, and economic loss caused by vector species and vector-borne disease agents.

Keep your Home Safe

Carson City Fire Department

777 S. Stewart St.

Carson City, NV 89127

(775) 887-2210

<http://www.carson.org>

The Fire Prevention Division's mission is to protect the people, property, and environment in Carson City from the negative effects of fire, hazardous materials, life activities, and other preventable disasters.

Senior Fire Safety Classes: *This program is for educating senior citizens in fire safety as it specifically relates to them. Often as we get older we start to overlook some of the things we did when we were younger, and in some cases create hazards for ourselves.*

Reno Direct

1 E. First St.

Reno, NV 89501

(775) 334-INFO (4636)

TTY: (775) 999-7701

<http://www.reno.gov>

The City of Reno call center, Reno Direct, is designed to improve communication between you and your city government. Our non-emergency call center is for all city services. You can make suggestions, report problems, receive information or request services such as code enforcement, pothole repair, graffiti removal, and traffic signal repairs with just one call.

Keep your Home Maintained

Rebuilding Together Northwest Nevada

P.O. Box 11885

Reno, NV 89510

(775) 853-5657

<http://www.rebuildingtogethernwnevada.org>

Nonprofit organization that works to preserve affordable homeownership and revitalize communities.

Keep your Home Contaminant-Free

POISON CONTROL HOTLINE

Toll Free (800) 222-1222

University of Nevada Cooperative Extension

Nevada Radon Education Program

4955 Energy Way

Reno, NV 89502

(888) 723-6610

<http://www.RadonNV.com>

Educates the public about the health risks of radon gas in homes and schools, as well as any building with contact to the ground. The program encourages radon testing in all homes, mitigation of homes with elevated radon levels, building new homes in high radon potential areas with radon systems, and testing for radon during real estate transactions. The program offers low cost radon test kits, program presentations and education materials.

Keep your home Green

Low Income Weatherization Assistance Program:

Statewide

(800) 992-0900

Rural Nevada Development Corporation

(775) 289-8519

Toll Free: (866) 404-5204

<http://www.rndcnv.org/weatherization.html>

Washoe County

(775) 328-2400

Carson, Douglas, Lyon, and Storey Counties

(775) 283-0099

<http://www.nvrural.org/contact-us>

Assists low-income families with energy efficiency.

Asthma

State of Nevada, Chronic Disease Prevention

Program

4150 Technology Way, Suite 210

Carson City, NV 89706

(775) 684-4200

<http://www.health.nv.gov>

Chronic illness has a profound effect on the physical, emotional and mental well-being of individuals. Heart disease, arthritis, cancer, diabetes, hepatitis, and asthma are examples of chronic diseases.

American Lung Association of Nevada (Reno)

10615 Double R Blvd.

Reno, NV 89521

(775) 829-LUNG (5864)

<http://www.lungnevada.org>

Fights to prevent lung disease in all forms with a focus on asthma, tobacco control, and environmental health.

Quality of Life & Mental Health

Carson-Tahoe Hospital Behavioral Health

William St. at N. Minnesota

Carson City, NV 89702

(775) 445-7350

<http://www.carsontahoe.com>

Behavioral Health Services assists patients with psychiatric and addictive disorders, while offering the flexibility to help people overcome multiple challenges through individualized programs and services.

Nevada Division of Mental Health and

Developmental Services

4150 Technology Way, Suite 201

Carson City, NV 89706

(775) 684-5984

<http://www.mhds.state.nv.us>

The mission is to provide psychiatric treatment and rehabilitation services in the least restrictive setting to support personal recovery and enhance quality of life.

Nevada Early Intervention

2667 Enterprise Rd.

Reno, NV 89512

(775) 688-1341

<http://www.health.nv.gov>

Provide services to support families to meet the individualized developmental needs of their child; and facilitate the child's learning and participation in family and community life through the partnerships of families, caregivers and service providers.

Washoe County School District – Family Resource Center

Family Resource Locations:

North Valleys (Rose McGuire Center) (775) 677-5437

Central/South Reno (775) 321-5037

Northeast/Northwest Reno (775) 337-9990

Sparks (775) 353-5733

Sun Valley (775) 674-4411

<http://www.familyresourcecenterreno.com>

Individuals may call the Family Resource Centers for information and referrals to resources in the community which may be able to meet the basic needs or provide other sources of assistance

Oral Health

Truckee Meadows Community College, Dental Hygiene Program

7000 Dandini Blvd. RDMT 415-A

Reno, NV 89512

(775) 637-8247

<http://www.tmcc.edu>

Offers quality oral health care services to the community.

HAWC Outreach Medical Clinic/ Dental Services

1055 S. Wells Ave.

Reno, NV 89502

(775) 329-7253

<http://www.hawcinc.org>

HAWC provides quality, affordable, comprehensive primary health care services for those in need.

Substance Abuse and Violence

Crisis Call Center

Toll Free: (800) 273-8255
(775) 784-8090

<http://www.crisiscallcenter.org>

24-hour crisis line provides a safe and non-judgmental source of support for individuals in any type of crisis. In addition to the hotline, they offer crisis intervention services through text messaging. Text the keyword ANSWER to 839863.

Nevada Statewide Domestic Violence Hotline

Toll Free: (800) 500-1556
<http://www.nnadv.org>

24-hour confidential help line to refer services to those in need. Offers shelter services.

National Domestic Violence Hotline

Toll Free: (800) 799-SAFE (7233)
<http://www.thehotline.org>

A trained advocate will talk to you about your situation, your safety, and the options available to you. All conversations are strictly confidential.

State of Nevada Injury and Violence Prevention

4150 Technology Way, Suite 210
Carson City, NV 89706 (775) 684-4200
<http://www.health.nv.gov>

The goal of the Nevada Injury Prevention Program is to reduce injuries, disabilities and deaths due to intentional and unintentional injuries by helping Nevada residents remain: Safe at Home, Save on the Move, Safe at School, Safe at Work, and Safe in the Community.

Tobacco Cessation

Nevada State Health Division, Chronic Disease Program

See Asthma Section for more information

Nevada Tobacco Users' Helpline

Toll Free: (800) QUIT-NOW
<http://www.livingtobaccofree.com>

Telephone-based bilingual counseling with educational classes, support groups and medication assistance program.

Health

Carson City Health and Human Services

900 E. Long St.
Carson City, NV 89706 (775) 887-2190
<http://www.getthehealthycarsoncity.org>

The mission statement is to protect and improve the quality of life for our community through disease prevention, education, and support services.

Nevada 2-1-1

211 or (775) 784-8085
<http://www.nevada211.org>

Offers access to basic human needs resources, programs for children, youth and families, and support for disaster recovery.

Nevada State Health Division

4150 Technology Way
Carson City, NV 89706 (775) 684-4200
<http://www.health.nv.gov>

Provides services such as immunizations, family planning, HIV screening, sexually transmitted disease screening and treatment, tuberculosis clinic.

Washoe County District Health Department

1001 E. Ninth St., P.O. Box 11130
Reno, NV 89520 (775) 328-2400
<http://www.co.washoe.nv.us/health>

Provides services such as immunizations, family planning, HIV screening, sexually transmitted disease screening and treatment, tuberculosis clinic and environmental health.

Nutrition

Dayton Valley Food Bank

5 Enterprise Way
Dayton, NV 89403 (775) 246-7834
Provides food to community members in need.

Friends in Service Helping (F.I.S.H)

138 E. Long St.
Carson City, NV 89706 (775) 882-FISH (3474)
<http://www.nvfish.com>

The F.I.S.H. Mission: To provide food, clothing, shelter and medical aid to the homeless and hungry within our community, with the objective to provide programs and referrals to families and individuals so they may become self sufficient.

Nevada Supplemental Nutrition Program for Women, Infants, and Children (WIC)

Toll Free: (800) 863-8942
<http://www.health.nv.gov>

Federally funded supplemental food program that provides nutritious foods to eligible families with moderately low incomes.

Food Bank of Northern Nevada

550 Italy Drive
Sparks, NV 89434 (775) 331-3663
<http://www.fbnn.org>

The mission statement is to end hunger in our region through direct services, advocacy, outreach and education.

Food for Thought

3579 Highway 50 E. #221 P.O. Box 656
Carson City, NV 89702 (775) 885-7770
<http://www.nvfoodforthought.org>

Provides food for the hungry and malnourished children in our community.

Vaccinations

Immunize Nevada

520 W. Sixth St.

Reno, NV 89503

(775) 770-6714

<http://www.immunizenevada.org>

This site provides trusted information so that you can make informed decisions about immunizing your family, your children, and yourself from vaccine-preventable diseases.

Infants and Children

State of Nevada Maternal and Child Health

4150 Technology Way Suite 210

Carson City, NV 89706

(775) 684-4285

<http://www.health.nv.gov>

Maternal and Child Health staff in partnership with communities strive to promote healthy Nevada families.

State of Nevada Home Visiting Program

4150 Technology Way Suite 210

Carson City, NV 89706

(775) 687-7576

<http://www.health.nv.gov>

Administers home visiting services to pregnant women, mothers, fathers, and caregivers in the education of their young children to promote a state-wide coordinated system of evidence-based home visiting that supports healthy child development and ensures the safety of young children and family members.

Safe Kids Washoe County

450 Edison Way

Reno, NV 89502

(775) 858-5700

<http://www.safekidswc.com>

Creates programs that reduce injuries through educating adults and children, creating safe environments, conducting research and advocating for effective laws.

Education

Boys and Girls Clubs of Truckee Meadows

2680 E. Ninth St.

Reno, NV 89706

(775) 331-KIDS (5437)

<http://www.bgctm.org>

Boys and Girls Clubs of Carson City

1870 Russell Way

Carson City, NV 89706

(775) 461-0508

<http://www.bgca.org>

The Boys & Girls Clubs of Western Nevada's mission is to enable all youth to realize their full potential as productive, responsible and caring individuals.

Capital City Circles Initiative

2621 Northgate Ln. Suite 10

Carson City, NV 89706

(775) 315-9469

The Capital City Circles Initiative is a cooperative community effort to elevate people out of poverty by empowering them to chart their own course toward self-sufficiency.

Emergency and Disaster Relief

Friends in Service Helping (F.I.S.H.)

138 E. Long St.

Carson City, NV 89706

(775) 882-FISH (3474)

<http://www.nvfish.com>

F.I.S.H. provides many kinds of temporary housing and shelters to men, women and families in emergency situations.

Resources for the Disabled

State of Nevada Aging and Disability Services

3416 Goni Rd. D-132

Carson City, NV 89706

(775) 687-4210

<http://www.dhhs.nv.gov>

Services are available to people of all ages with physical disabilities who have independent living needs.

Nevada Care Connection

3700 Grant Dr. Suite A

Reno, NV 89509

(775) 829-4700

<http://www.nevadacareconnection.org>

Provides up-to-date resources and information that will support and assist caregivers as they care for family members and friends that are frail or disabled.

Senior Citizens

Senior Bridges at Northern Nevada Medical Center

2375 E. Prater Way

Sparks, NV 89434

(775) 356-4071

<http://www.nnmcc.com>

Offers inpatient and outpatient programs for adults, age 50 and older, in Reno, Sparks and the surrounding area, and are experiencing emotional or mental difficulties.

Carson City Senior Center

911 Beverly Dr.

Carson City, NV 89706

(775) 883-0703

<http://www.carson.org>

The mission is to enhance the quality of life and autonomy of individuals 60+ through a broad range of services and support, including nutrition, activities, information and referral, education and opportunity for peer interaction, with concern for mental, emotional, and physical well-being.

Washoe County Senior Services

1155 E. Ninth St.

Reno, NV 89512

(775) 328-2575

<http://www.co.washoe.nv.us/seniorsrv>

Mission is to assist older adults in the community to maintain interdependence, dignity, and quality in their lives and that of their caregivers, through the provision of an array of direct and indirect social and health services and opportunities they may utilize to achieve their goals.